Cancer Risks from Conventional Radiotherapy

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DCEG Radiation Epidemiology and Dosimetry Course 2019







www.dceg.cancer.gov/RadEpiCourse

Cancer prognosis has improved over the last decades







Increasing numbers of cancer survivors





*19% in 9 U.S. SEER registries

ANTONI VAN LEEUWENHOEK

Cancer Risks from Conventional Radiotherapy

- Introduction on second malignancy
- Magnitude of risks for various *second* malignancies after selected *first* primary malignancies
- Radiotherapy, dose and volume
- Modifying factors of radiation-associated risk (age, chemotherapy)
- Clinical implications



Second primary malignancy

- Originates in a new primary site/tissue
- Not a recurrence or metastasis

Synonyms

Second cancer / malignancy / neoplasm Second primary (...) Subsequent (...) Multiple primaries / (...)

- SMN
- SPN
- SPM
- New primary cancers





Explanations for occurrence of 2 primary malignancies in one person

- Host susceptibility factors
 (genetic predisposition, immunodeficiency)
- Common carcinogenic influences (smoking, obesity, alcohol use)
- Treatment for the first tumor
- "Chance" (risk factors unrelated to first cancer)



Causes of second cancers

Lifestyle & environmental factors (i.e. smoking, alcohol use, diet, weight, physical activity)

Cancer treatment (i.e. radiation dose & volume, chemo regimen)

Host susceptibility

- Genetic susceptibility (i.e. BRCA, Lynch syndrome, SNP variants)
- Immunodeficiency





Morton & Chanock. Nat Med 2011 17(8):924-5

Second cancers: impact of treatment

Treatment has **largest** impact on second cancer risk among patients treated for a **first cancer**:

- at a young age
- with excellent prognosis

Therefore second cancer research has a strong focus on survivors of:

- Childhood cancer
- Hodgkin lymphoma
- Breast cancer
- Testicular cancer
- ~ 27% of all cancer survivors



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Radiotherapy Classic radiation fields in treatment of Hodgkin lymphoma and testicular cancer



Changes in Hodgkin RT volumes



Mantle field radiotherapy till late 1980s

Courtesy: R vd Maazen Radboud University Nijmegen Medical Center



EORTC H9 Involved Field Radiotherapy From 1985

EORTC H10 Involved Node Radiotherapy After 2000

Breast cancer radiation fields



Clinical epidemiology

- Comparison with risk in general population
- Comparison between treatments

APPROPRIATE STUDY DESIGNS

- Cohort study
- Case-control study

Risk measures

- Relative risk (SIR, HR)
- Absolute risk (AER, Cum. incidence)



Dutch HL cohort

- 3,905 HL patients from 6 (University Medical) Cancer Centers
 & 41 community hospitals
- Treatment period: 1965-2000
- Age at HL diagnosis: 15-50 years
- > 5-year survivors



- Follow-up through linkage with the Netherlands Cancer Registry
- 96% complete follow-up for second cancers



Second Cancer Risk Up to 40 Years after Treatment for Hodgkin's Lymphoma Schaapveld M et al. *NEJM* 2015;373(26):2499

Patient characteristics

- 3,905 HL survivors
- Median age at HL: 28.6 years
- Median follow-up time: 19 years, range: 5-47 yrs



Risk of second malignancy, Dutch HL cohort; 3,905 5-yr survivors, 15-50 yr at dx, 1965-2000

<u>Cancer site</u>	Observed sec. cancers	<u>SIR</u>	
All Malignancies	884	4.6	SIR =
Oral cavity/pharynx	20	3.2	Standardized
Esophagus	38	9.5	
Stomach	39	7.4	Incidence Ratio
Colon	42	2.9	
Lung & Bronchus	176	6.4	
Pleura	17	(15.1)	
Rectum & Rectosigmoid	25	2.6	
Pancreas	23	5.7	
Female breast	183	4.7	
Melanoma	34	2.8	
Bladder	22	4.1	
Thyroid	23	14.0	
Soft tissue sarcoma	22	(12.0)	
Leukemia	41	9.5	Schaapveld M et al. <i>NEJM</i> 2015;373(26):2499

Cumulative incidence of second malignancies, in the presence of competing risks, Dutch HL cohort 1965-2000



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Cumulative incidence of second malignancies, in the presence of competing risks, Dutch HL cohort 1965-2000 (2)



Absolute excess risk

• Excess number of second malignancies beyond number expected, per 10,000

• AER = $(Obs - Exp)/Person-years \times 10,000$

• Most appropriate measure to judge which second cancers contribute most to SC burden



Large absolute excess risk for solid cancers

	Cancer site	<u>SCs</u>	SIR	<u>AER/10,000</u>
SIRs and AERs	All Malignancies	884	4.6	121.8
of second	Oral cavity/pharynx	20	3.2	2.3
	Esophagus	38	9.5	5.6
malignancy,	Stomach	39	7.4	5.6
Dutch HL	Colon	42	2.9	4.6
	Rectum & Rectosigmoid	25	2.6	2.6
cohort;	Pancreas	23	5.7	3.1
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	Pleura	17	15.1	2.6
survivors,	Female breast	183	4.7	54.3
•	Melanoma	34	2.8	3.6
15-50 yr at dx,	Bladder	22	4.1	2.8
1965-2000	Thyroid	23	14.0	3.5
	Soft tissue sarcoma	22	12.0	(3.3)
	Leukemia	41	9.5	6.1

AER= absolute excess number of cases per 10,000 patients/yr

Risk of second cancer after testicular cancer Dutch nationwide testicular cancer cohort

- 5,848 1-year survivors
- Treated 1976-2007
- Median follow up: 14 years
- 50% seminoma, 50% non-seminoma
- 82% of seminoma patients received RT
- 58% of non-seminoma patients received platinum-based chemotherapy
- 38% of non-seminoma patients had orchidectomy alone



H. Groot, JCO 2018;36(24):2504-2513

Standardized incidence ratios for second malignancies after testicular cancer

Seminoma (N=2,827)

Cancer site	Observed	<u>SIR</u>	<u>95%CI</u>
Any solid SMN	180	1.5	(1.3-1.8)
Lung	22	1.0	(0.7-1.6)
Gastrointestinal tract	52	1.9	(1.4-2.4)
- Stomach	7	1.7	(0.7-3.5)
- Colon	13	1.3	(0.7-2.1)
- Rectum	8	1.0	(0.4-2.0)
- Pancreas	14	4.4	(2.4-7.4)
Urinary tract	28	2.7	(1.8-3.9)
- Kidney	10	2.1	(1.0-3.8)
- Bladder	17	3.4	(2.0-5.4)
- Prostate	26	1.2	(0.8-1.8)
Melanoma	15	1.8	(1.0-2.9)

H. Groot, JCO 2018;36(24):2504-2513



Risks for selected SMNs after Hodgkin lymphoma and breast cancer (SEER 1975-2010)



Morton et al. ASCO ed book 2014

Risk of second malignancy in Dutch childhood cancer survivors (DCOG-LATER cohort)

6,665 5-yr survivors 1963-2001, median follow-up 21 yrs

<u>Sec. Malign. Neopl.</u>	<u>Obs.</u>	<u>SIR (95% CI)</u>	AER/10,000 PY
All SMNs	261	5.2 4.6-5.8)	20.3
Leukemia	17	6.1 (3.6-9.8)	1.3
All solid	230	5.5 (4.8-6.2)	18.1
Breast	45	5.1 (3.8-6.9)	7.6
Bone	21	17.1 (10.6-26.1)	1.9
Soft tissue	24	19.3 (12.4-28.7)	2.2
CNS	24	8.5 (5.4-12.6)	2.0
Thyroid	25	(11.1-25.3)	2.2
Digestive tract	17	4.1 (2.4-6.6)	1.2
Lung	8	4.3 (1.9-8.5)	0.6

SIR: Standardized Incidence Ratio, AER: Absolute Excess Risk

Teepen et al. J Clin Oncol 35:2288-2298, 2017

Risks for second cancers after childhood cancer in U.S. - SEER

Figure 17. Observed-to-expected (O/E) Ratios for Subsequent Cancers by Primary Site, Ages 0-19, 1973-2010



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Radiation dose – response for second cancer risk

Linear increase with higher dose for:

- Breast cancer
- Lung cancer
- Stomach cancer
- Pancreatic cancer
- Esophageal cancer
- Sarcoma
- Glioma
- Meningioma

For leukemia decreasing risk after 4 Gy For thyroid cancer decreasing risk after 20-30 Gy



Based on retrospective radiation dosimetry (simulation films, old RT charts, phantoms)

Radiation dose – response for second cancer risk

Linear increase with higher dose for:

- Breast cancer
- Lung cancer ۲
- Stomach cancer ۲
- Pancreatic cancer ۲
- Esophageal cancer ۲
- Sarcoma •
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- Meningioma •

For leukemia decreasing risk after 4 Gy For thyroid cancer decreasing risk after 20-30 Gy Based on retrospective radiation dosimetry (simulation films, old RT charts, phantoms)

Individual radiation dosimetry



Marilyn Stovall, **MD** Anderson Houston

Radiation dose – response for second cancer risk

Linear increase with higher dose for:

- Breast cancer
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For leukemia decreasing risk after 4 Gy For thyroid cancer decreasing risk after 20-30 Gy



Based on retrospective radiation dosimetry (simulation films, old RT charts, phantoms)

Breast cancer case-control study to assess radiation dose-response

- Compare treatment between:
 - Cases with breast cancer after HL
 - Matched controls without breast cancer
- Treatment information from medical records
- Irradiated patients: individual radiation dosimetry; radiation dose to the site of breast cancer development, based on radiation charts, simulation films of previous RT treatment and mammograms (M. Stovall, M.D. Anderson, Houston)

Inskip et al, JCO 2009, Van Leeuwen JNCI 2003, Travis JAMA 2003

Large multicenter cohort

Matched Controls

cases

- International NCI-coordinated nested case-control study, 105 cases with breast cancer after HL, 266 controls
- Radiation dosimetry: dose to affected site in breast

RR	95% CI
1.0	Ref.
1.8	0.7-4.5
4.1	1.4-12.3
2.0	0.7-5.9
6.8	2.3-22.3
4.0	1.3-13.4
8.0	2.6-26.4
	1.0 1.8 4.1 2.0 6.8 4.0

Linear ERR per Gy 0.05 - 0.15

Travis JAMA 2003; 290:465



Radiation dose-response relationship for stomach cancer following testicular cancer based on 92 cases and 180 controls





Fitted radiation dose-response by type of second cancer, based on previous CCSS reports



Changes in Hodgkin RT volumes



Mantle field radiotherapy till late 1980s

Courtesy: R vd Maazen Radboud University Nijmegen Medical Center NH) NATIONAL CANCER INSTITUTE



XIBACKUP

Radiotherapy From 1985 EORTC H10 Involved Node Radiotherapy After 2000

Involved Field

EORTC

H9


Lower risk with smaller radiation volumes

Mantle field radiotherapy



Involved Field Radiotherapy



60% reduction of breast cancer risk

De Bruin et al. *JCO* 2009; 27(26): 4239-4246 Schaapveld M et al. *NEJM* 2015;373(26):2499



Breast cancer after childhood cancer: Role of irradiated breast volume

Whole lung Irradiation (e.g. Wilms) similar risk as Mantle radiation (HL); higher than mediastinal irradiation, although RT dose is typically lower (10-19 Gy vs >20 Gy) Age (years)



Separate and joint effects of RT dose and volume

What is worse:

- A lot (of dose) to a little (volume)
- A little (dose) to a lot (of volume)
- Dose-volume parameters
 V40 = part of organ that received 40 Gy or more



Which part of second cancers can be attributed to radiotherapy?

- Cohort study in SEER cancer registries
- 647,672 5-yr survivors, ≥ 20 yr at diagnosis (1973-2002)
- Mean follow-up 12 yrs
- 60,271 (9%) with second solid tumor
- ~ 8% of all solid tumors (~3.266) in irradiated patients attributable to RT
- % differs with tumor type

Berrington de Gonzalez et al. Lancet Oncology 2011

	Number of second solid cancers in patients treated with radiotherapy*	Number of patients	Excess cancers (95% CI)†	Attributable risk (95% CI)	
Oral/pharynx	3683	24880	182 (53 to 310)	5% (1 to 8)	
Salivary gland‡	309	3007	37 (1 to 71)	12% (0 to 23)	
Rectum‡	1568	21841	112 (41 to 184)	7% (3 to 12)	
Anus	323	3444	32 (-14 to 74)	10% (-4 to 23)	
Larynx	3583	17070	193 (32 to 350)	5% (1 to 10)	
Lung (non-small cell)	2395	51270	152 (82 to 223)	6% (3 to 9)	
Soft tissue (non-limbs)	120	1602	18 (-2 to 39)	15% (-2 to 32)	
Female breast	12 450	150 661	660 (454 to 866)	5% (4 to 7)	▶5%
Cervix‡	1289	14685	214 (130 to 295)	17% (10 to 23)	
Endometrium‡	3269	29338	286 (165 to 407)	9% (5 to 12)	
Prostate‡	11292	128 582	1131 (956 to 1307)	10% (8 to 12)	
Testes (seminomas)	628	7862	150 (56 to 233)	24% (9 to 37)	24%
Eye and orbit	112	1085	4 (-12 to 22)	4% (-11 to 20)	
Brain/CNS	314	13220	28 (-11 to 66)	9% (-3 to 21)	
Thyroid‡	959	16934	67 (6 to 128)	7% (1 to 13)	
Total	42 2 9 4	485 481	3266 (2862 to 3670)	8% (7 to 9)	

*In all patients (defined as ≥1 year survivors). †Estimated in 5 year or longer survivors calculated with the results from the Poisson regression model (figure 1). ‡Second cancers of the same site were excluded because standard treatment usually involves surgical removal of the affected organ or because of second cancer coding rules (prostate).

Table 4: Estimated number of excess second solid cancers related to radiotherapy treatment and attributable risk in those treated with radiotherapy by first cancer site

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Solid cancer risk increased for >35 yrs Dutch Hodgkin cohort (n=3940, 1965-2000)



AER per 10,000 patients/yrs

Schaapveld M et al. NEJM 2015;373(26):2499



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- 647,672 5-yr survivors, ≥ **20 yr at** diagnosis (1973-2002)
- Mean follow-up only 12 yrs!!
- 60,271 (9%) with second solid tumor
- ~ 8% of all solid tumors (~3.266) in irradiated patients attributable to RT
- overall estimate 15-25%
- % differs with tumor type: 40-50% for long-term Hodgkin survivors,

Berrington de Gonzalez et al. Lancet Oncology 2011

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Potential modifiers of radiationassociated risk



- Chemotherapy
- Hormonal factors
- Smoking
- Genetic factors



Decreasing relative risks of solid tumors with increasing age at HL treatment

International cohort study: 32,591 HL patients

1,111 25-year survivors, population-based



(Adapted from Dores JCO 2002;20:3484)

Cumulative incidence of breast cancer after HL 5-yr survivors treated before age 21



Time Since First Treatment (years)

De Bruin et al. *JCO* 2009; 27(26): 4239-4246. Similar estimates in Swerdlow et al. *JCO* 2012;30(22):2745-2752, Schaapveld *NEJM* 2015; 373(26): 2499-2511, Moskowitz et al. *JCO* 2014

RR and AER of second cancers according to age at HL diagnosis and attained age.



Hodgson et al. J Clin Oncol 2007; 25(12): 1489-1497

Potential modifiers of radiationassociated risk (2)

- Age
- Chemotherapy
- Hormonal factors
- Smoking
- Genetic factors



Some chemotherapy regimens also increase solid cancer risk after Hodgkin lymphoma



Risk of stomach cancer after HL according to procarbazine dose

An international NCI-coordinated case-control study

Dose (mg/m²)	Cases	Controls	Mean	OR* (95% CI)
0	37	103	0.0	1.0 (referent)
1-5599	12	39	3403	0.8 (0.3-1.9)
5600-8399	22	29	6938	2.9 (1.2-7.0)
≥8400	18	19	12,316	2.3 (1.0-5.5)

Ptrend = **0.009**

* Adjusted for radiation dose and other alkylating agents.

Morton et al., JCO, 2013 Sep 20;31(27):3369-77

Stomach cancer after HL: interaction between radiation dose and procarbazine



Morton et al., *JCO*, 2013 Sep 20;31(27):3

Colorectal cancer risk in HL patients

Radiotherapy



Chemotherapy (procarbazine)

Anja M. van Eggermond, Br J Cancer 2017

Risk of colorectal cancer by HL treatment



Supra RT only

Supra RT + CT

□ Infra RT (+/- supra RT), no CT

■ Infra RT (+/- supra RT) + CT

Supra = supradiaphragmatic, Infra = infradiaphragmatic

Higher risks for cancers in transverse colon!

Anja M. van Eggermond, Br J Cancer 2017

* P < 0.05

Risk of bone sarcoma after childhood cancer by radiation dose and alkylator score

Table 3. Matched Relative Risk of Bone Sarcoma, According to Radiation Dose and Alkylator Score.

RADIATION DOSE	AL	ALKYLATOR SCORE	
	0	1 or 2	≥3
None			
Relative risk	1.0*	4,8	8.5†
<1000 rad			
Relative risk	1.3	0.4	1.3
≥1000 rad			
Relative risk	37.4‡	14.2‡	(59.2‡

Hawkins MM *J Natl Cancer Inst* 1996 Mar 6;88(5):270-8.

*Referent category.

[†]Trend in alkylator score in subjects not exposed to radiation, P = 0.05. [‡]P<0.05.

Potential modifiers of radiationassociated risk (3)

- Age
- Chemotherapy
- Hormonal factors
- Smoking
- Genetic factors



Reduced risk of RT-induced breast cancer after alkylating chemotherapy or pelvic RT

- Van Leeuwen et al. JNCI 2003; 95(13):971-89
- Travis et al. JAMA 2003; 290(4):465-75
- De Bruin et al. JCO 2009; 27(26):4239-46
- Swerdlow et al. JCO 2012; 30(22):2745-52
- Schaapveld et al. NEJM 2015; 373(26):2499-511

40-yr cumulative risk of breast cancer after chest RT by no. of cycles of alkylating CT



Swerdlow et al. *JCO* 2012; 30(22):2745-52

Cumulative risk of premature menopause (< 40 yrs) by cumulative procarbazine dose in HL survivors



Cumulative risk 10 years after treatment 15% [6-23%] 37% [24-48%] 65% [44-78%]

41

36

De Bruin et al. *Blood 2008;111:101*

Modifiers of RT-induced cancers Risk of breast cancer after RT for HL, by duration of ovarian function after RT



years of intact ovarian function after RT

>Ovarian hormones crucial in radiation-induced breast carcinogenesis

De Bruin M, JCO 2009; 27(26): 4239-4246; Krul I, Int J Rad Onc Biol Phys 2017

Breast cancer risk after childhood cancer according to radiation dose to breast and ovarian radiation



Inskip et al. *JCO* 2009; 27(24): 3901-07

Cumulative incidence of breast cancer in HL survivors according to RT field, prescribed dose, and duration of post-RT intact ovarian function.



Ovarian hormones, RT dose and volume equally important

Lung cancer after HL Joint effects of smoking and treatment

Risks from smoking multiply risks from RT and CT

	RR non/light smokers	RR smokers
No RT (< 5 Gy), no CT	1.0 (ref)	6.0 (1.9-20.4)
RT (≥ 5 Gy), no CT	7.2 (2.9-21.2)	20.2 (6.8-68)
No RT (< 5 Gy), CT	4.3 (1.8-11.7)	16.8 (6.2-53)
RT (≥ 5 Gy) <i>,</i> CT	7.2 (2.8-21.6)	49.1 (15.1-187)

10% of lung cancers due to treatment alone 24% of lung cancers due to smoking alone 63% of lung cancers due to treatment + smoking in combination Travis et al. JNCI 2002; 94:182

Breast cancer after HL: It's not just chest radiotherapy...

- High radiation dose
- Large irradiation volume
- Young age at treatment with RT
- Protective effect of premature menopause



Mantle field radiotherapy

About 60% of women who received high-dose chest RT (without gonadotoxic CT) do NOT develop breast cancer

Genetic susceptibility?

Genetic susceptibility for radiation-induced breast cancers?

Brief report

FGFR2 genotype and risk of radiation-associated breast cancer in Hodgkin lymphoma

Yussanne P. Ma,¹ Flora E. van Leeuwen,² Rosie Cooke,³ Annegien Broeks,⁴ Victor Enciso-Mora,¹ Bianca Olver,¹ Amy Lloyd,¹ Peter Broderick,¹ Nicola S. Russell,⁵ Cecile Janus,⁶ Alan Ashworth,⁷ Richard S. Houlston,¹ and Anthony J. Swerdlow³

Ma YP, Van Leeuwen FE et al., *Blood* 2012; 119(4): 1029-31



JNCI J Natl Cancer Inst (2017) 109(11): djx058

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ARTICLE

Genome-Wide Association Study to Identify Susceptibility Loci That Modify Radiation-Related Risk for Breast Cancer After Childhood Cancer

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- Examined 14 breast cancer SNPs from general population
- 232 cases with breast cancer after HL, 461 controls
- OR of 1.59 (per allele) associated with FGFR2
- GWAS of 207 patients with breast cancer after childhood cancer
- Comparison with 2274 CCS without second malignancy
- ~ 2-fold risk increase per allele for a genetic variant at 1q41 (nearest gene PROX1), only for survivors with ≥ 10Gy breast exposure

Morton et al. J Natl Cancer Inst 2017;109(11)

Dutch International Collaborative study: Genetic susceptibility for breast cancer after chest RT for Hodgkin lymphoma

Aim: To examine the influence of

- Genetic variants interacting with radiotherapy
- 77 genetic variants associated with breast cancer in the general population



Dutch study: Genetic susceptibility for breast cancer after chest RT for Hodgkin lymphoma

- Based on 327 cases with breast cancer after chest RT for HL from Dutch and UK Hodgkin cohorts and U.S. Childhood Cancer Survivor study
- 4,671 first primary breast cancers from BCAC
- 491 patients with chest RT for Hodgkin who did not develop breast cancer
- 1. iCOGS SNP-array (211,000 SNPs) → 9 SNPs interacting with RT (False Discovery Rate <20%)
- 2. Polygenic Risk Score based on these 9 SNPs
- 3. Internal validation in case-control study



Opstal-van Winden et al., *Blood* 2019



Risk of breast cancer after HL by RT-interaction Polygenic Risk Score





Risk for breast cancer after HL by 77 SNP BC Polygenic Risk Score based on general population data*



Significantly different risk for 20% of female HL survivors with extreme BC-PRS

Opstal-van Winden et al., Blood 2019

* Mavaddat et al. JNCI 2015

Conclusions genetic susceptibility for RT-induced breast cancer

Genetic susceptibility plays a role in RT-induced breast cancer *Independent effects of:*

- PRS for breast cancer in the general population; implementation in risk prediction models for HL patients
- PRS based on 9 SNPs interacting with RT →
- Validation of RT-interaction PRS required: ongoing collaboration with NCI and Childhood Cancer Survivor Study: Lindsay Morton



Summary of findings on second cancer risk

- Lower risk after testicular and breast cancer than after HL and childhood cancer
- **Solid cancer** risk after **radiotherapy** remains increased for >35 years
 - Higher risk with larger RT doses (linear dose-response) and volumes
 - Higher relative risk with treatment at younger age
- Chemotherapy also affects second cancer risk and can modify radiationassociated risk
 - Procarbazine —> GI tract cancers, lung cancer
 - Alkylating agents and anthracyclines —> sarcoma
- Genes, hormones and lifestyle appear to modify RT-associated solid cancer risk



Implications of second cancer studies

 Development of new treatment protocols with lower toxicity and equal therapeutic effectiveness (e.g. reduction of radiation dose)



- P
- Identification of patient groups at high risk of second cancers → screening if effective methods available
Reduction of RT dose with modern treatments



Proportional Reduction in Mean Dose



Is second cancer risk lower in more recent treatment periods?

• Evolution of second cancer risk in HL patients treated before age 51 between 1965-2000

Schaapveld M et al. *NEJM* 2015;373(26):2499



Cumulative incidence of solid cancers by treatment period



Cumulative incidence of breast cancer by treatment period



Schaapveld M et al. NEJM 2015;373(26):2499

Why does solid tumor risk not decrease in recent treatment period?

- Favorable and unfavorable treatment changes
 - Less use of mantle field \rightarrow breast cancer ψ
 - Less use of high dose gonadotoxic CT → breast cancer ↑
 → opposite effects on breast cancer risk
 - Anthracyclines?
- Surveillance (breast!)↑
- **Too early yet** to observe a decline in second cancer risks; smaller RT volumes introduced rather recently!

A Dutch nationwide survivorship care program for lymphoma survivors The "BETER"-project

Better care after (non-)Hodgkin lymphoma:

Evaluation of long-term

Treatment

Effects and screening

Recommendations

BETER Consortium: 26 hospitals





BETER: evidence-based guidelines based on previous treatments

- Second malignancies
- Cardiovascular disease
- Thyroid disease
- Splenic dysfunction
- Fertility and osteoporosis
- Neck complaints





Patient recall: all HL 5-year survivors treated at ages 15 – 60 yrs

Challenges for future research

- 1. Contemporary RT regimens, IMRT, protons; lower doses to larger volumes
- 2. Dose-volume parameters
- 3. Search for susceptibility genes for RT/CT-associated second cancers
- 4. Genomic alterations in second cancers
- 5. Risk prediction models
- 6. Efficacy of screening



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Which proportion of second malignancies can be attributed to radiotherapy?

- A. >75%
- B. < 5%
- C. 10 25%



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The risk of breast cancer after chest radiotherapy increases with:

- A. Radiation dose and younger age at treatment
- B. Radiation dose, number of alkylating chemotherapy cycles and younger age at treatment
- C. Radiation dose, number of alkylating chemotherapy cycles and older age at treatment
- D. Radiation dose, longer exposure to ovarian hormones and younger age at treatment



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