Radiation exposure assessment

Dr. Choonsik Lee

Dosimetry Unit Head, Senior Investigator Radiation Epidemiology Branch Division of Cancer Epidemiology and Genetics National Cancer Institute leechoonsik@mail.nih.gov

DCEG Radiation Epidemiology and Dosimetry Course 2019





www.dceg.cancer.gov/RadEpiCourse

Objectives

To understand:

- The <u>challenges</u> in dosimetry for epidemiological studies;
- Input data for dosimetry in epidemiological studies;
- Different <u>approaches</u> for dosimetry;
- The methods to quantify dosimetric <u>uncertainty</u>.

Background



Exposure assessment for epidemiological studies

- A fundamental foundation of high quality epidemiologic studies is accurate exposure assessment.
- Background physics, methods and techniques for radiation exposure assessment have been developed relatively robust compared to other exposure types.

Types of radiation exposure (1)



Types of radiation exposure (2)



Types of radiation exposure (3)



Types of radiation exposure (4)



Types of radiation exposure (5)



Types of radiation exposure (6)

Medical/occupational exposure

Environmental exposure



Dosimetric quantities*



Kinetic energy <u>deposited</u> in matter

Kinetic energy released in matter

* ICRP Publication 103 (2007)

Radiation weighting factor*



Radiation type	Radiation weighting factor, w _R
Photons	1
Electrons ^a and muons	1
Protons and charged pions	2
Alpha particles, fission frag- ments, heavy ions	20
Neutrons	A continuous function of neutron energy
	(see Fig. 1 and Eq. 4.3)
$\int 2.5 + 18.2 \ e^{-[\ln(E_n)]^2/6},$	$E_{\rm n} < 1 { m MeV}$
$= \begin{cases} 5.0 + 17.0 \ e^{-[\ln(2E_n)]^2/6}, \end{cases}$	1 MeV $\leq E_n \leq 50$ MeV
$2.5 + 3.25 e^{-[\ln(0.04E_n)]^2/6},$	$E_{\rm n} > 50 {\rm ~MeV}$

Table 2. Recommended radiation weighting factors.



Tissue weighting factor*



Tissue	wτ	$\sum w_{\mathrm{T}}$
Bone-marrow (red), Colon, Lung, Stomach,	0.12	0.72
Breast, Remainder tissues*		
Gonads	0.08	0.08
Bladder, Oesophagus, Liver, Thyroid	0.04	0.16
Bone surface, Brain, Salivary glands, Skin	0.01	0.04
	Total	1.00

Table 3. Recommended tissue weighting factors.

* Remainder tissues: Adrenals, Extrathoracic (ET) region, Gall bladder, Heart, Kidneys, Lymphatic nodes, Muscle, Oral mucosa, Pancreas, Prostate (3), Small intestine, Spleen, Thymus, Uterus/cervix (2).

Dosimetric quantities*



* ICRP Publication 103 (2007)

Challenges



Challenges in dosimetry for epidemiological studies (1) Example #1: CT dose reconstruction

"Reconstruct organ dose for 180,000 pediatric and young adults who underwent CT scans in the United Kingdom $1985 - 2002^*$ "



Challenges in dosimetry for epidemiological studies (2) Example #2: Radiotherapy dose reconstruction*



A patient was treated for **Hodgkin Lymphoma (HL)**

The patient was diagnosed with **Breast Cancer**

Challenges in dosimetry for epidemiological studies (3) Example #2: Radiotherapy dose reconstruction*



A patient was treated for **Hodgkin Lymphoma (HL)**

The patient was diagnosed with **Breast Cancer**

Challenges in dosimetry for epidemiological studies (4)

- Individualized organ dose required
- Large size cohorts
- Limited input for dose reconstruction
- Uncertainty needs to be quantified



Input



Data used for exposure assessment - Environmental

Environmental radiation exposure

- Measurements (direct or indirect)
- Records on weather, building maps, working environment
- Questionnaire: residential history, dietary, housing style, protection measures, etc.

Exposure Modeling for Chernobyl Accident



3D model of Pripyat-town (left) and building structure (right) close to the Chernobyl accident site used for dosimetry

Part of the questionnaire used for the mothers in Belarus/Ukraine cohort

Раздел II. Мои следующие вопросы о периоде времени в 1986 году после Чернобыльской аварии.

Вспомните о потреблении молочных и других продуктов в апреле-мае 86 года.

* 4. Я хочу, чтобы Вы сказали мне о потреблении молока во всех местах, где Вы находились во время и сразу после аварии.

(Внесите в колонку «а» первый населенный пункт (НП) из таблицы вопроса #7 основной анкеты и задайте вопрос колонки «b». Запишите название каждого источника на отдельной строке колонки «b» и задавайте вопросы из каждой колонки для каждого источника молока, следуя инструкциям в таблице. После этого перенесите название следующего НП из вопроса #7 и повторите указанную выше процедуру, пока не запишите информацию о всех источниках молока во всех НП)

Если мать не помнит, когда она начала пить молоко из данного источника, спросите "Было ли это в конце апреля (1)?; начале мая (2)?; средине мая (3)?; конце мая (4)?"; «не знаю» (9)?. Внесите соответствующий код в колонку «Период».)

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Data used for exposure assessment - Occupational

Occupational radiation exposure

- Dose monitoring records (e.g., badge dose)
- Questionnaire on work history, time, medical procedures, safety measures employed
- Literature search: x-ray energy, filtration, machine types

Example page of the questionnaire used for the United States Radiologic Technologists study: type of procedures

					9-15 Therapy	
20. While employ radiologic ter assisted with Please mark For <u>each</u> "ye with that pro- years and mo- Please includ IF YOU ARE YEAR YOU CEDURE, C PROVIDE Y	yed as a radiologic tec chnician have you <u>eve</u> h any of the following "yes" or "no" for eac es" fill in the year you ocedure and the length onths you worked wilt de your hospital trainin E UNABLE TO PROVID I BEGAN WORK WITI OR THE LENGTH OF T YOUR BEST ESTIMAT	hnologist or r worked or procedures? ch procedure. began work of time in h the procedure. ng program. ETHE EXACT H THAT PRO- IME, PLEASE E.	7. Diagnostic radioisotopes (e.g. 1-131 uptakes) Ever used? Ors: No Don't know Year Total began Years Mos. 19 0 0 0 0 0 2 1 1 1 1 0 3 2 2 2 2 4	8. Diagnostic ultrasound Ever used? Ves No Don't know Year Total Year Mos 19 0 0 0 0 0 2 0 1 1 0 0 2 2 2 2 4	9. Orthovoltage (200-400 kVp Ever used?	
Eleptore -	1-8 Diagnostic	West Contract	33 336			
1. Fluoroscopy	2. Dental X-ray	3. Routine X-ray other than fluoroscopic film & dental				
Ever used? Yes No Don't know Year Total	Ever used? Yes No Don't know Year Total	Ever used? Yes No Don't know Year Total	10. Cobalt 60 Ever used? O Yes O No	11. Betatron Ever used? O Yes O No	12. Other X-ray teletherapy (LINAC Ever used? Yes No	
began Year Mot. 19	Degan Yaar Mes 19	argent rent Max 19 0 0 0 2 2 2 2 0 0 3 6 0 0 3 6 0 0 3 6 0 0 3 6 0 0 0 7 0 0 0 0 0 0 0 0	Don't know Year began 19 0 0 0 0 0 0 0 0 0 0 0 0 0	Don't know Year began 19 0 0 0 0 0 0 1 1 1 1 0 2 2 2 2 2 4 2 2 2 2 5 3 3 5 4 4 2 4 6 5 5 5 5 6 6 6 6 7 7 7 6 8 6 6 6	Year Total began Year Mos 19	

Example page of the questionnaire used for the United States Radiologic Technologists study: safety measures



Data used for exposure assessment - Medical

Medical radiation exposure

- Patient information system at hospitals (e.g., RIS*)
- Paper medical records
- Electronic medical records (e.g., DICOM-RT)
- Literature search

*RIS: Radiological Information System

Sample screen of a Radiological Information System

Status	Name-2	Date-1	TimeSch	Procedure	Referral	Modality	Т
Transcribed		09/16/2009	9:00a	MAMMO, DIGITAL SCREE		MAMMO M	M
Dictated		09/16/2009	7:30a	BONE SCAN 78300		BONE DEN	M
Posted		09/16/2009	10:00a	CT LUMBAR W & WO CO		Computed	M
Posted		09/16/2009	10:30a	MRI LUMBAR SPINE 7214		Magnetic R	M
Completed		09/16/2009	8:30a	US THYROID 76536		Ultrasound	M
Transcribed		09/16/2009	11:00a	MAMMO, DIGITAL SCREE		MAMMO M	M
Completed		09/16/2009	9:30a	MRI CERVICAL SPINE 72		Magnetic R	M
Arrived		09/16/2009	10:30a	CT THORACIC W/O CON		Computed	M
In Progress		09/16/2009	8:30a	BONE DENSITY SPINE HIP		BONE MAR	M
Completed		09/16/2009	11:30a	MRI UPPER EXTREMITY 7		Magnetic R	M
Completed		09/16/2009	9:00a	CHEST - AP AND LATERA		X-RAY XR	M
Dictated		09/16/2009	7:30a	US BREAST 76645		Ultrasound	M
Dictated		09/16/2009	7:00a	MAMMO, DIGITAL, DIAGN		MAMMO M	M
Completed		09/16/2009	8:00a	US BREAST 76645		Ultrasound	M
Completed		09/16/2009	8:30a	MAMMO, DIGITAL SCREE		MAMMO M	M
Completed		09/16/2009	10:00a	MRI LUMBAR SPINE 7214		Magnetic R	M
Dictated		09/16/2009	7:00a	BONE DENSITY SPINE HIP		BONE DEN	M
Posted		09/16/2009	10:00a	MAMMO, DIGITAL SCREE		MAMMO M	M
In Progress		09/16/2009	9:00a	BONE DENSITY SPINE HIP		BONE DEN	M
Arrived		09/16/2009	10:00a	BONE DENSITY SPINE HIP		BONE DEN	M
Arrived		09/16/2009	1:30p	MR CEVICAL SPINE W/CO		Magnetic R	M
Transcribed		09/16/2009	9:30a	CT ABDOMEN W/CONTRA		Computed	M
Dictated		09/16/2009	7:30a	CT LUMBAR W/O CONTR		Computed	M
Dictated		09/16/2009	7:30a	MAMMO, DIGITAL SCREE		MAMMO M	M
						-	

Sample CT DICOM Dose Report

Patient	Name			F	vam no [.] 215
Assossi	hame.				Eab 14 2008
Accessio	on Numbe	:r:			rep 14 2008
Patient I	D:			Lig	htSpeed VCT
Exam De	escription	: PRE/POST KIDNEY			
		Dose R	eport		
Series	Туре	Scan Range (mm)	CTDIvol (mGy)	DLP (mGy-cm)	Phantom cm
1	Scout	1. 		-	3.00
2	Axial	S0.000-197.500	94.69	946.93	Head 16
2	Helical	161.650-1101.650	60.81	371.96	Head 16
2	Cine	S12.490-I2.510	121.14	242.29	Head 16
3	Axial	S0.000-197.500	94.69	946.93	Head 16
3	Helical	161.650-1101.650	60.81	371.96	Head 16
3	Cine	S12.490-I2.510	121.14	242.29	Head 16
		Total	Exam DLP:	3122.36	

Sample CT Images



NIH NATIONAL CANCER INSTITUTE

Example paper medical records of a radiotherapy patient

RADIOTHERAPY SUMMARY	1				
Hadoking diaging madulan	UNIT	Е.В.	X QR	FILTER	H.V.L
Sclerssing 3B	T/9 Co 60 TI		1	1	IPB
STARTED 7-30-74 ENDED 8-23-76	T (1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		1		
CALENDAR DAYS 26 NO. OF THIS. 20	T				
	Т		12		
FIELD POSITION SIZE DOSAGE UNIT Lant mantle 30 x 25 4000 600	FIELD POSITION	SI	E	Dosa	
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JAN F	UTE	\geq	Rema	RKS	

Example DICOM-RT visualized on a treatment planning system



Approaches



Dosimetry approaches: external exposure (1)



Dosimetry approaches: external exposure (2)

Source reconstruction



Examples:

- Radioactivity from ground contamination in Chernobyl
- Scanner model, tube potential, filtration in CT scans

Organ dose calculation



Organ dose conversion coefficients from computer simulation using computational human phantoms

Dosimetry approaches: external exposure (3)

Source reconstruction Organ dose calculation In some medical dosimetry (e.g., radiotherapy, FGIP patients), both the source reconstruction and dose calculation are conducted in a computer simulation or a measurement setup.
Simulation of IBA Proton Therapy beam line coupled with the NCI adult male phantom in TOPAS*



*Yeom et al. (in preparation)

Physical phantom to simulate the tonsil irradiation*



* Stovall et al, Rad Res 2006

Dosimetry approaches: internal exposure (1)

Source reconstruction #1 (outside the anatomy)

Source reconstruction #2 Organ dose calculation (inside the anatomy)



Dosimetry approaches: internal exposure (2)

Source reconstruction #1 (outside the anatomy)



Examples:

 Ecological analysis for contaminated food consumption in Chernobyl area Source reconstruction #2 Organ dose calculation (inside the anatomy)



Bio-kinetic models to simulate the movement of radioisotopes within the anatomy



Organ dose conversion coefficients from computer simulation using computational human phantoms

Dosimetry approaches: internal exposure (3)

Source reconstruction #1 (outside the anatomy)

Source reconstruction #2 Organ dose calculation (inside the anatomy)



In some environmental dosimetry where the information for the step 1 & 2 are known (e.g., I-131 inhalation in Chernobyl population and its concentration in the thyroid), direct measurements are conducted.

Radioactivity measurements for the thyroid in Ukraine and Belarus



Organ dose conversion coefficients

Derived from <u>computational human phantoms</u> and computer simulation techniques, called <u>Monte Carlo radiation transport</u>



Evolution of Computational Human Phantoms

More accurate anatomy



Procedure to develop hybrid phantom

Contour organs from CT images of patients

Smoother and more flexible than surface models



World-first newborn hybrid phantom*



UF/NCI hybrid male (left) and female (right) newborn phantoms



*Lee et al. PMB 2007

A series of Hybrid Phantoms (2006-2013)



* Lee et al, PMB 2007, MP 2008, PMB 2010

Body size-specific phantoms (1)

- Body size significantly varies among patients at the same age
- Radiation dose depends on body size





Body size-specific phantoms (2)



Extension of MASH and FASH adult male/female phantoms



*Broggio et al. PMB 2011

Body size-specific phantoms (3)



Extension of MASH and FASH adult male/female phantoms

*Cassola et al. PMB 2011

Body size-specific phantoms (4)



Extension of RPI adult male/female phantoms

*Ding et al. PMB 2012

Rensselaer Polytechnic Institute Pregnant Phantom Series*



*Xu et al. PMB 2007

University of Florida Pregnant Phantom Series*



*Maynard et al. PMB 2014

Phantoms in different postures (1)



Patient and baby phantoms used in the study of release criteria for patients treated by I-131*

*Han et al. MP 2013, ** Yeom et al. PMB 2019

ICRP adult female phantom in different postures**

Phantoms in different postures (2)



Body posture-specific phantom developed from motion capture technology*

*Vazquez et al. PMB 2014

3D Monte Carlo radiation transport

A statistical approach for the physical phenomena based upon random number and the probability functions



Types of dose conversion coefficients

Environmental

- o Ground contamination
- o Internal dosimetry for ingestion or inhalation of radioisotope

Occupational

 External exposure in idealized geometries (ICRP Publication 51, 74, and 103)

Medical

- Radiography/simple fluoroscopy
- Computed tomography scans
- Nuclear medicine

PCXMC, organ dose calculator for radiography/fluoroscopy procedures

DefForm [C:\Program Files	\PCXMC\MCRUN	S\15-year-old\	15y-Abdomen-AP.DF2]		
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MonteCar	lo simulation para	meters				Rotation increment 🕢 30 - View angle 330
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				✓ Salivary gland ✓ Oral mucosa	s IV Prostate IV Pharynx/trachea/	einus



NCICT: National Cancer Institute dosimetry system for Computed Tomography

0.0		National Cancer Institute dosir	metry system for CT Version 2.0		
Age Age	Body size				Organ dose (mGy)
Pediatric	Adult	Contraction of the second		Brain	0.17
				Pituitary gland	0.16
Gender				Lens	0.17
		and the second	and the second s	Eye balls	0.15
🔘 Male	Female	March State Bridge		Salivary glands	0.65
				Oral cavity	0.23
Body Size				Spinal cord	3.22
		2 2		Thyroid	1.06
Height (cm)	135 0	A CONTRACTOR		Esophagus	2.68
		A CONTRACTOR OF		Trachea	1.98
Weight (kg)	050 0			Thymus	3
				Lungs	3.86
Show Phantom He	eight Weight Map			Breast	4.55
		A COMPANY		Heart wall	4.01
				Stomach wall	4.13
Scanner information				Liver	4.21
Manufacturor	GE			Gall bladder	4.09
Manufacturer	<u> </u>			Adrenals	3.75
Model 8800, 9	9000 Series 📀			Spleen	4.65
				Pancreas	3.89
O Head filter	Body filter			Kidney	4.91
-	0.000,			Small intestine	3.98
nCTDIw (mGv/100 m	(As) 6.2			Colon	4.55
				Rectosigmoid	3.6
Tube potential (kVp)	120			Urinary bladder	3.80
				Prostate	4.08
Current x time (mAs)	100			Testes	4.56
Ditch				Ovarias	4.50
Fiten		ALL SAL		Skin	1.03
Total collimation (mm) 10			Muscle	0.44
				Active marrow	2.2
CTDIVOI (mGy)	6.2	Scan Range		Shallow marrow	2.53
DLP (mGy-cm)	285.2			Effective dose(mSv)	3.52
Effective diameter (cr	m) 27.5	Scan Start (cm) Scan End (cm)	Scan Length (cm) Predefined protocol		
SSDE (mGy)		25 70	46 CAP 文		
SSDE (IIIGy)	4				



Lee et al. JRP (2015)

NCINM: National Cancer Institute dosimetry system for Nuclear Medicine

...

National Cancer Institute dosimetry system for Nuclear Medicine 1.0

NCI d	ata IC	CRP da	6a
Gender			
Male	OFe	male	
Age			
O-year	 1-yr 	bar (5-year
0 10-year	0 15-	year	Adult

122	
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2.9	
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reactionucing	82.

Administered	activity	(MBq)
		740
Administered	activity	(mCi)

Source region	S valu export	e Residen ? Time (?	ce Cumulated h) Activity (MBo
Lung L	10		
Lung R	0		
Lung RL		0.082	2.184e+5
Lymph Nodes ET			
Lymph Nodes except ET/Th	- C		
Lymph Nodes Thoracic	0		
Muscle	0		
Nasal Anterior	1.0		
Nasal Posterior			
Oral Cavity	0		
Pancreas	0		
Pituitary Gland			
Prostate or Uterus			- X
Salivary Glands			- 0 - 3
Skin	10		
Small Intestine C		0.44	1.172e+6
Small Intestine W			
Spinal Cord	- C		- C - 2
Spleen			
Stomach C	10		0 0
Stomach W	- C		
Teeth	- C		
Thymus	10		Summer 8
Thyroid		0.0093	2.478e+4
Tongue			
Tonsils			
Trabecular Bone Marrow			
Trabecular Bone Mineral		2	
Ureters			
Urinary Bladder C		1.2	3.197e+6
Urinary Bladder W	0		
Remainder		1.7	4.529e+6

Target region	Organ Or Mass (g)	gan Dose I (mGy)	Dose per administe activity (mGy/MB
Adipose	23574.68	4.882e+0	6.597e-3
Adrenal	8.84	5.443e+1	7.356e-2
Adrenal L	4.42	7.812e+1	1.056e-1
Adrenal R	4.42	3.075e+1	4.156e-2
Basal cells of bronchi	6.34	9.2e+1	1.243e-1
Brain	1244.64	1.193e+1	1.612e-2
Breast adipose	66.51	1.002e+1	1.355e-2
Breast glandular	203.51	4.415e+0	5.966e-3
Colon	299.29	1.338e+1	1.809e-2
Colon W L	122.	9.788e+0	1.3230-2
Colon W R	121.56	1.571e+1	2.123e-2
ET region	9.31	5.571e+2	7.528e-1
Gall bladder W	7.59	4.566e+1	6.17e-2
Gonads	6.	4.176e+0	5.644e-3
Heart W	217.92	1.394e+1	1.884e-2
Kidney	252.41	5.613e+1	7.586e-2
Kidney C+M+P R	126.19	4.565e+1	6.169e-2
Kidney C+M+P L	126.22	6.661e+1	9.002e-2
Kidney cortex L	88.34	3.032e+1	4.097e-2
Kidney cortex R	88.31	4.076e+1	5.50Be-2
Kidney medulla L	31.57	4.929e+1	6.661e-2
Kidney medulla R	31.57	4.991e+1	6.744e-2
Kidney pelvis L	6.32	6.604e+2	8.924e-1
Kidney pelvis R	6.32	9.268e+1	1.252e-1
Lenses of eye	0.39	8.531e+1	1.153e-1
Liver	1301.27	9.99e+0	1.35e-2
Lung	773.53	8.133e+0	1.099e-2
Lung L	340.15	9.146e+0	1.236e-2
Lung R	433.37	7.339e+0	9.917e-3
Lymph nodes of ET region	10.69	9.147e+0	1.236e-2
Lymph nodes except LN-ET&L	108.8	1.09e+1	1.473e-2
Lymph nodes in thoracic	10.19	4.579e+1	6.188e-2

Effective dose (mSv)

3.5e+1

Villoing et al. (in preparation)

NCI Dose Website - http://ncidose.cancer.gov



NATIONAL CANCER INSTITUTE

Division of Cancer Epidemiology & Genetics



NCIDOSE is a collection of medical radiation dosimetry tools developed by radiation physicists from the National Cancer Institute (NCI), Division of Cancer Epidemiology and Genetics, Radiation Epidemiology Branch. These tools can be used to estimate the radiation organ doses received by patients undergoing diagnostic or therapeutic procedures. The resources are the product of years of research and development in collaboration with a number of institutions, much of which has been published in the peer-reviewed literature. As a governmental resource these tools are available to the public free-of-charge for non-commercial research purposes.

The following resources are currently available or under development:

- PHANTOMS, three-dimensional computational human anatomy models
- NCICT, NCI dosimetry system for Computed Tomography
- NCINM, NCI dosimetry system for Nuclear Medicine
- NCIRF, NCI dosimetry system for Radiography and Fluoroscopy (under development)
- Dose Conversion Coefficients

How Can I Request These Resources?

Non-Commercial Research Use

There is no charge to use for non-commercial research purposes. Please submit a Software Transfer Agreement form to Dr. Choonsik Lee.

Commercial or Other Use

Contact Dr. Kevin Chang of the NCI Technology Transfer Center to discuss the licensing process.

Uncertainties



Uncertainty increases when unknowns increase in CT (1)

Patient anatomy, scan start/end, scanner model, tube potential, current-time product, pitch

Uncertainty increases when unknowns increase in CT (2)



Uncertainty increases when unknowns increase in CT (3)

Patient anatomy, scan start/end, scanner model, tube potential, current-time product, pitch Patient anatomy, scan start/end, scanner model, tube potential, current-time product



Uncertainty increases when unknowns increase in CT (4)

Patient anatomy, scan start/end, scanner model, tube potential, current-time product, pitch Patient anatomy, scan start/end, scanner model, tube potential, current-time product Patient anatomy, scan start/end, scanner model, tube potential



Uncertainty increases when unknowns increase in CT (5)

Patient anatomy, scan start/end, scanner model, tube potential, current-time product, pitch Patient anatomy, scan start/end, scanner model, tube potential, current-time product Patient anatomy, scan start/end, scanner model, tube potential Patient anatomy, scan start/end, scanner model



Uncertainty increases when unknowns increase in CT (6)

Patient anatomy, scan start/end, scanner model, tube potential, current-time product, pitch Patient anatomy, scan start/end, scanner model, tube potential, current-time product Patient anatomy, scan start/end, scanner model, tube potential Patient anatomy, scan start/end, scanner model

Patient anatomy, scan start/end

2 mGy

100 mGy

20 mGy

Uncertainty increases when unknowns increase in CT (7)

Patient anatomy, scan start/end, scanner model, tube potential, current-time product, pitch Patient anatomy, scan start/end, scanner model, tube potential, current-time product Patient anatomy, scan start/end, scanner model, tube potential Patient anatomy, scan start/end, scanner model Patient anatomy, scan start/end Patient anatomy, scan start/end

Patient anatomy

1 mGy

Uncertainty increases when unknowns increase in CT (8)

Patient anatomy, scan start/end, scanner model, tube potential, current-time product, pitch Patient anatomy, scan start/end, scanner model, tube potential, current-time product Patient anatomy, scan start/end, scanner model, tube potential Patient anatomy, scan start/end, scanner model Patient anatomy, scan start/end Patient anatomy Patient anatomy Patient age

180 mGy

20 mGy 0.5 mGy

Uncertainty-incorporated dosimetry: 2DMC technique*

- Provides alternative (possibly true) sets of doses for an entire cohort rather than a single set
- Shared and unshared uncertainties are properly incorporated into dosimetry

*Simon et al. Radiation Research 183:27-41 (2015)



2-Dimensional Monte Carlo method to calculation multiple doses incorporating uncertainty and variability


Summary

- Accurate exposure assessment is crucial in high quality epidemiological studies of cohorts exposed to environmental, occupational, and medical radiation sources
- Reconstruction of accurate and individualized organ dose for a large number of subjects often involves many challenges
- Dosimetry approaches in epidemiological studies include internal and external dosimetry depending on the irradiation scenarios
- Uncertainty must be recognized, quantified, and incorporated into risk analysis

What is the dose quantity that can be used for epidemiological investigations?

- 1. Effective dose
- 2. Organ dose
- 3. Equivalent dose
- 4. Kerma



What is the dose quantity that can be used for epidemiological investigations?

- 1. Effective dose
- 2. Organ dose
- 3. Equivalent dose
- 4. Kerma

You have a kerma measurement of 10 mGy and the kerma-to-lung dose conversion coefficients of 0.7 mGy/mGy. What is your lung dose?

- **1**. 0.7 mGy
- 2. 7 mGy
- 3. 10 mGy
- 4. 70 mGy

You have a kerma measurement of 10 mGy and the kerma-to-lung dose conversion coefficients of 0.7 mGy/mGy. What is your lung dose?

- **1**. 0.7 mGy
- 2. <mark>7 mGy</mark>
- 3. 10 mGy
- 4. 70 mGy

What would be the uncertainty factor you do not have to consider in your dose reconstruction for patients undergoing computed tomography scans?

- 1. Patient body size
- 2. Size of the CT room
- 3. CT scanner model
- 4. Body part included in the scan coverage

What would be the uncertainty factor you do not have to consider in your dose reconstruction for patients undergoing computed tomography scans?

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